



MO-Hab Bike Ride XXII: June 4 - 9, 2019

A Manchester United Methodist Church fund raiser for Habitat for Humanity® St. Louis

Registration Due by March 31, 2019

Register early! - The ride is limited to 40 participants.

Purpose of Ride - To raise awareness and funds for Habitat for Humanity St. Louis®. Thanks to the generous financial support and hard work of volunteers, Habitat for Humanity St. Louis recognizes Manchester UMC as a Keystone Community Partner. Over the 22 years of partnership, MUMC has contributed to and worked on many of the 400 Habitat for Humanity homes built in St. Louis City and County. These donations of hands, time and finances help deserving home buyers realize their dreams of safe, affordable homes for their families. To learn more about the process for home ownership, go to <https://www.habitatstl.org/homeownership>.

MUMC's Financial Goal - \$25,000. The money will be Manchester's Keystone Community Partner contribution for 2020.

Pledges - Each rider is asked to collect a minimum of \$100.00 in pledges. Donations may be made **on-line** at [ManchesterUMC.org/MO-Hab Riders](http://ManchesterUMC.org/MO-HabRiders). Scroll down to **Donate** under Quick Links. Choose **Habitat for Humanity** in the Select a Fund drop down menu. Checks are made out the *Manchester United Methodist Church* with MO-Hab in the memo line.

Illinois Route 66 - 250 miles (+)

Tues June 4: Meet at church and travel to Pontiac, IL

Wed June 5: Pontiac to Normal, IL - 49 mi.

Thurs June 6: Normal to Lincoln, IL - 53 mi.

Fri June 7: Lincoln to Springfield, IL - 42 mi.

Sat June 8: Springfield to Litchfield, IL - 51 mi.

Sun June 9: Litchfield to St. Louis, MO - 55 mi.

Lodging is in motels each night. The rates range from \$50 to \$85 per room and include a continental breakfast. Some motels have swimming pools, others may have laundry facilities. Lodging is paid in advance. Money will be collected at the Rider Meeting on April 22. We reserve the rooms for riders and staff when we receive registrations.

Meals - Breakfast is provided at the Hotels. Lunch is in one of the towns along the route. Some days have more than one option. Dinner is in the overnight town at a local café or restaurant. Most evenings there are different options for dinner. We will eat together on the final evening.

Transportation, Gear shuttle and SAG support are a shared responsibility of the group. A registration fee of \$60 per person is used to cover expenses such as gas, snacks, ice, sports drinks, your t-shirt, and other incidentals. Dedicated SAG volunteers and help from the pool of riders are needed to support the group. Transportation of bikes and riders to the ride start in Pontiac, IL is included in the registration fee.

Rider Meeting - SAVE THE DATE! The meeting will be held at Manchester United Methodist Church in Room 141 on **April 22, at 7 p.m.** Final details of the ride will be discussed, hotel fee collected, meal reservations/choices discussed. *Your attendance is important!*

Training - Ride as many miles as possible and as often as possible before the start of MO-Hab XXII; striving to log as many training miles as you will ride during the week long journey across Illinois. (approximately 250) **We strongly recommend you participate in as many group training rides as possible.** See the 2019 Training Ride Schedule. Go to Quick Links on <http://www.manchesterumc.org/mo-habriders> to download a copy.

Helmets - All riders are required to wear a helmet that meets or exceeds ANSI or Snell standards.

Registrations are due no later than March 31 to:

Mary Corwin 354 Shetland Valley Court, Chesterfield, MO 63005

This years ride is limited to 40 participants.



Route 66 Illinois Ride XXII: June 4 - 9, 2019



A Manchester United Methodist Church fundraiser for Habitat for Humanity® St. Louis
(One person per form please. May be reproduced.)

Registration due by March 31, 2019

Note: This year's ride is limited to 40 people

Mail with \$60 fee to: **Mary Corwin**, 354 Shetland Valley Court, Chesterfield, MO 63005

Name _____ Email _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone (during ride) _____

Age _____ If under 18, adult sponsor riding with you _____

Person to contact in case of emergency _____

Contact person's phone # Day - _____ Night - _____

Number of Years ridden on MO-Hab Rides _____

Lodging (1-3 per room): I would like to share a room with _____.

T-shirt size (circle one): S M L XL XXL (1 shirt included in fee)

Additional t-shirts: _____ S _____ M _____ L _____ XL _____ XXL \$10 each

The fee is **\$60.00** for the full ride. Checks for fees and pledges to be made payable to **Manchester United Methodist Church**. Please write MO-Hab on the subject line.

If you can join us for only part of the trip, please contact Alison to work out arrangements.

For more information: Alison Gaffney, 314-805-5861, nosilamac@aol.com

I understand the purpose of this ride is to raise awareness and funds for Habitat for Humanity® St. Louis and is sponsored by Manchester United Methodist Church. I understand that I am being asked to raise a minimum of \$100.00 in pledges toward MUMC's Habitat for Humanity project. Our goal is \$25,000.

I understand that bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness or from other factors beyond the control of the organizers. I understand that ride leaders and maps are provided for my convenience only and not to guarantee a safe route or trip. I understand that I am voluntarily participating in this activity and assume all risks associated with participation therein; including but not limited to injury, falls, contact with other participants, weather, traffic and road conditions; all such risks being known and appreciated by me.

I agree to follow all applicable traffic laws and to conduct my activities in a safe and prudent manner. (If participant is under 18, signature of parent or legal guardian is required.)

Further, I consent to allow all pictures taken of me to be used for publicity and/or outreach materials for Manchester United Methodist Church. I hereby indemnify and hold this organization harmless against any and all claims or damages arising out of taking or use of any pictures or names.

Rider's Signature _____

Date _____

Parent's Signature _____
(if rider under 18)

Date _____



EMERGENCY HEALTH INFORMATION

Attn: Nancy Wilson (may put in sealed envelope to Nancy's attention)

Name _____ Home Phone (____) _____

Address _____

Are you riding with someone else? _____ Whom? _____

In case of emergency, contact:

Name _____ Phone (____) _____

Address _____

Medications you are taking: _____

If you have medication to be taken in emergency, where is it kept? _____

Do you have allergies? _____. If so, to what are you allergic? _____

Is there any other information medical personnel should know about you? _____

Medical Insurance – Give member number and telephone number to contact for verification:

Blood Type _____

Your signature to authorize emergency medical treatment.
